

THE LIFE JOURNEY

Different stages of life (career) journey . . .

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THE FOUNDATION YEAR. . .

Gratitude to all my teachers, professors, fellow seniors, mentors, ..., who have helped me along when I first started my pharmacy education at NUS (National University of Singapore, Pharmacy Department), and subsequently, did my pupillage trainings at the Pharmaceutical Department, Ministry of Health (Singapore), Singapore General Hospital and Tan Tock Seng Hospital.



EXPERIENCE ACCUMULATION YEARS. . .

Gratitude to all the great bosses & leaders that I have met over the years, who have guided me, coached me, mentored me over the years. Many have since become my personal friends and remain as my mentors!

Thanks also to the few bad bosses that I have encountered, as they have taught me first hands real-life examples how not to be like them (hahaha...!). I wish we would cross path again one day, and be given an opportunity to coach them to become a 21st century paradigm leader! (Provided they too, are willing to give themselves an opportunity!)



GETTING READY FOR NEXT CAREER JOURNEY (GIVING BACK YEARS) . . .

(Transformation Coaching Skills)

Embarked on my leadership coaching course with Paradigm21 & Leadership Coaching School in early 2022, and have recently completed the course, and is on the way to clock my first 100 hours coaching milestone...

My gratitude to excellent master coaches from the schools, who are not only skilful in coaching, but more importantly, are dedicated and helpful coaches.

I have also made new friends with fellow classmates and met many other great coaches through this network.



GETTING READY FOR NEXT CAREER JOURNEY (GIVING BACK YEARS) . . .

(Adult Education: Corporate Training)

Recently embarked on the ACLP..

This course would equip me with SkillsFuture Singapore (SSG) recognised Training and Adult Education (TAE) competencies to not only perform the role of a learning facilitator, assessor of SSG-funded certifiable courses, but also as a budding learning solutionist who is able to support the performance needs of enterprises and learners experiencing industry transformation.



**WSQ Advanced Certificate in
Learning and Performance
(ACLP)**

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